



HOLY COMMUNION ON WEEKDAYS

THE GATHERING

THE GREETING

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

The Lord be with you

All **and also with you.**

The president welcomes everyone and introduces the service

LITURGY OF PENITENCE

The president pronounces God's blessing, in these or similar words:

St Paul says

'Be imitators of God; love as Christ loved;
do not grieve the Holy Spirit;
put away all anger and bitterness,
all slander and malice.'

So let us confess our sins to God,
who forgives us in Christ.

In a dark and disfigured world
we have not held out the light of life:
Lord, have mercy.

All **Lord, have mercy.**

In a hungry and despairing world
we have failed to share our bread:
Christ, have mercy.

All **Christ, have mercy.**

In a cold and loveless world
we have kept the love of God to ourselves:
Lord, have mercy.

All **Lord, have mercy.**

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord. **Amen.**

THE COLLECT OF THE DAY

The president prays the collect appointed for today

THE LITURGY OF THE WORD

THE FIRST READING

The reading concludes with

This is the word of the Lord

All **Thanks be to God.**

THE GOSPEL

Hear the Gospel of our Lord Jesus Christ according to _____

All **Glory to you, O Lord**

At the end

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

THE ADDRESS

THE PRAYERS OF INTERCESSION

Each intercession ends with

Lord, hear us

All **Lord graciously hear us.**

At the end

Merciful Father,

All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

THE PEACE

The President introduces the peace in these or other suitable words

God has called us to live in peace.

cf 1 Corinthians 7.17

The peace of the Lord be always with you.

All **and also with you.**

PRAYER AT THE PREPARATION OF THE TABLE

Be present, be present,
Lord Jesus Christ,
our risen high priest;
make yourself known in the breaking of bread.

All **Blessed be God for ever.**

THE EUCHARISTIC PRAYER

The Lord be with you
All **and also with you.**

Lift up your hearts.
All **We lift them to the Lord.**

Let us give thanks to the Lord our God.
All **It is right to give thanks and praise.**

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and saying:

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

All

Great is the mystery of faith:
**Christ has died:
Christ is risen:
Christ will come again.**

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary, St Michael, and
all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, so we pray

All **Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

THE BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

THE INVITATION TO COMMUNION

The president invites us to Communion in these or similar words:

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

SPIRITUAL COMMUNION

Those watching the service from home may wish to make an act of spiritual communion:

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.

after the Prayer of St Richard of Chichester

THE POST COMMUNION PRAYER

The president offers the Post-Communion Prayer

THE DISMISSAL

THE BLESSING

The president pronounces God's blessing, in these or similar words:

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen**

THE DISMISSAL

The president dismisses the congregation in these or similar words:

Go in the peace of Christ.

All **Thanks be to God.**

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