

LENT 2021

Reflect Restore Refresh



HOLY COMMUNION
IN HOLY WEEK

THE GATHERING

THE GREETING

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All Amen.

The Lord be with you

All and also with you.

The president welcomes everyone and introduces the service

LITURGY OF PENITENCE

God shows his love for us
in that, while we were still sinners, Christ died for us.
Let us then show our love for him
by confessing our sins in penitence and faith.

cf. Romans 5.8

O God, you know my foolishness
and my sins are not hidden from you:
Lord, have mercy.

All Lord, have mercy.

Let not the flood overwhelm me
nor the depths swallow me up;
let not the pit shut its mouth upon me:
Christ, have mercy.

All Christ, have mercy.

Hear me, O Lord, as your loving kindness is good;
turn to me as your compassion is great:
Lord, have mercy.

All Lord, have mercy.

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.

All Amen.

THE COLLECT OF THE DAY

True and humble king,
hailed by the crowd as Messiah:
grant us the faith to know you and love you,
that we may be found beside you
on the way of the cross,
which is the path of glory.

Amen

THE LITURGY OF THE WORD

THE FIRST READING

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart.

Hebrews 12.1-3

The reading concludes with
This is the word of the Lord

All Thanks be to God.

THE GOSPEL ACCLAMATION

Praise to you, O Christ, King of eternal glory.

Christ humbled himself and became obedient unto death,
even death on a cross.

Therefore God has highly exalted him

and given him the name that is above every name.

Philippians 2. 8,9

All Praise to you, O Christ, King of eternal glory.

THE GOSPEL

Hear the Gospel of our Lord Jesus Christ according to John

All Glory to you, O Lord.

After saying this Jesus was troubled in spirit, and declared, 'Very truly, I tell you, one of you will betray me.' The disciples looked at one another, uncertain of whom he was speaking. One of his disciples—the one whom Jesus loved—was reclining next to him; Simon Peter therefore motioned to him to ask Jesus of whom he was speaking. So while reclining next to Jesus, he asked him, 'Lord, who is it?' Jesus answered, 'It is the one to whom I give this piece of bread when I have dipped it in the dish.' So when he had dipped the piece of bread, he gave it to Judas son of Simon Iscariot. After he received the piece of bread, Satan entered into him. Jesus said to him, 'Do quickly what you are going to do.' Now no one at the table knew why he said this to him. Some thought that, because Judas had the common purse, Jesus was telling him, 'Buy what we need for the festival'; or, that he should give something to the poor. So, after receiving the piece of bread, he immediately went out. And it was night.

When he had gone out, Jesus said, 'Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once.'

John 13.21–32

At the end

This is the Gospel of the Lord.

All Praise to you, O Christ.

THE ADDRESS

THE PRAYERS OF INTERCESSION

These words may be used.

Lord, in your mercy

All hear our prayer.

THE LITURGY OF THE SACRAMENT

THE PEACE

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you

All and also with you.

Let us offer one another a sign of peace.

PRAYER AT THE PREPARATION OF THE TABLE

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

THE EUCHARISTIC PRAYER (PRAYER E)

The Lord be with you

All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right and just,
our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God,
through Jesus Christ our Lord.

For as the time of his passion and resurrection draws near
the whole world is called to acknowledge his hidden majesty.

The power of the life-giving cross
reveals the judgement that has come upon the world
and the triumph of Christ crucified.

He is the victim who dies no more,
the Lamb once slain, who lives for ever,
our advocate in heaven to plead our cause,
exalting us there to join with angels and archangels,
for ever praising you and saying:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary, St Michael, and
all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray

**All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

THE BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.

**All Though we are many, we are one body,
because we all share in one bread.**

THE INVITATION TO COMMUNION

SPIRITUAL COMMUNION

For those taking part online, may wish to make an act of spiritual communion at this point, using one or more of the following prayers:

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.

Amen.

after the Prayer of St Richard of Chichester

O God, help me to trust you,
help me to know that you are with me,
help me to believe that nothing can separate me from your love revealed in Jesus Christ
our Lord.

Amen.

Lord Jesus Christ,
you said to your disciples, 'I am with you always'.
Be with me today, as I offer myself to you.
Hear my prayers for others and for myself,
and keep me in your care.

Amen.

THE POST COMMUNION PRAYER

Lord Jesus Christ,
you humbled yourself in taking the form of a servant,
and in obedience died on the cross for our salvation:
give us the mind to follow you
and to proclaim you as Lord and King,
to the glory of God the Father.

All Amen

THE DISMISSAL

THE BLESSING

May the Father,
who so loved the world that he gave his only Son,
bring you by faith to his eternal life.

Amen.

May Christ,
who accepted the cup of sacrifice
in obedience to the Father's will,
keep you steadfast as you walk with him the way of his cross.

Amen.

May the Spirit,
who strengthens us to suffer with Christ
that we may share his glory,
set your minds on life and peace.

Amen.

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen

THE DISMISSAL

Go in the peace of Christ.

All Thanks be to God.