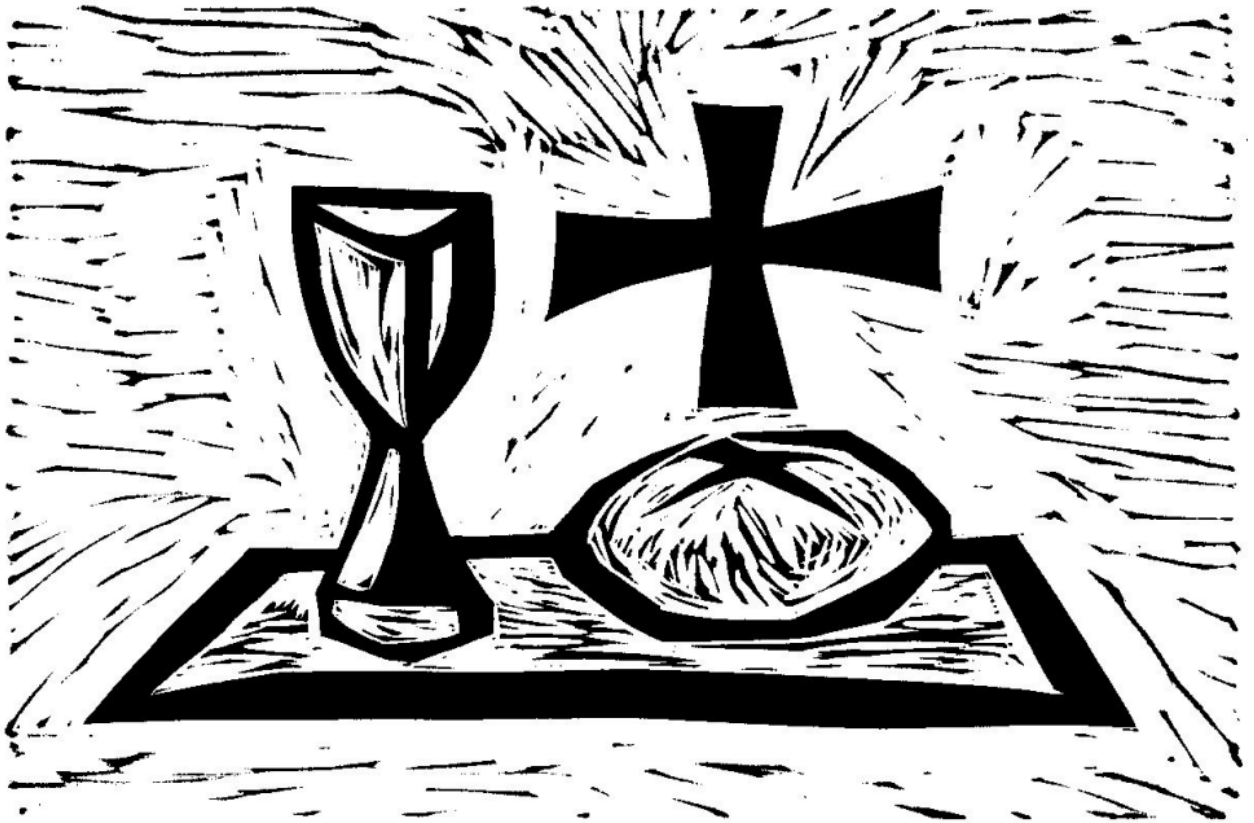




Great St Mary's  
THE UNIVERSITY CHURCH CAMBRIDGE

# MAUNDY THURSDAY

7.00pm, 28 March 2024



The Maundy Washing

The Liturgy of the Eucharist

The Stripping of the Sanctuary & Keeping of Vigil

*Preacher:* Revd Canon Prof Ben Quash

'This is My Body, Given For You'

# Welcome to Great St Mary's, the University Church

Everyone is welcome at Great St. Mary's, a church which has been witnessing to Christian truth in the centre of Cambridge for over 800 years. We seek to be an inclusive, friendly church, with a large gathered congregation of all ages, inspiring music and preaching, and a particular calling as the spiritual heart of the University of Cambridge.

In the Liturgy of **Maundy Thursday** we are offering our thanks for Jesus giving his disciples - and so us - the sharing of the blessed bread and wine at the *Last Supper* as a focus of his continuing presence. We also re-enact *Jesus washing his disciples' feet*. At the end of the liturgy, just as Jesus and the disciples went out to the Garden of Gethsemane to wait and pray before Jesus' arrest, so we take the consecrated bread and wine to St Andrew's Chapel, a place of waiting and prayer, where members of the congregation stay before the sacrament in a *vigil of prayer*.

Wherever you are on your journey with God, know that you are welcome here at Great St Mary's, today and every day. We are a diverse community, from many countries and backgrounds, and we are delighted to have you here with us.

Please feel free, when the time comes, to receive Holy Communion. If it is not your usual custom or practice, please come forward for a blessing.

Please note that this service is being livestreamed.

[www.greatstmarys.org](http://www.greatstmarys.org)

[@greatstmarys](https://www.instagram.com/greatstmarys)



“Schmücke dich, O liebe Seele”, no. 36 from 52 *Choralvorspiele* (Op. 67)

Max Reger (1873-1916)

*Please stand as the choir and ministers process in during the*

OPENING HYMN

**Nature with open volume stands  
to spread her Maker's praise abroad,  
and every labour of his hands  
shows something worthy of our God.**

**But in the grace that rescued man  
his brightest form of glory shines;  
here on the cross 'tis fairest drawn  
in precious blood and crimson lines.**

**Here his whole name appears complete;  
nor wit can guess, nor reason prove  
which of the letters best is writ,  
the power, the wisdom, or the love.**

**O the sweet wonders of that cross  
where God the Saviour loved and died;  
her noblest life my spirit draws  
from his dear wounds and bleeding side.**

**I would for ever speak his name  
in sounds to mortal ears unknown,  
with angels join to praise the Lamb,  
and worship at his Father's throne.**

AMNS 497

Words Isaac Watts (1674-1748)

Tune RIVAULX (AMNS 97), John B. Dykes (1823-76)

*The president welcomes everyone and introduces the service.*

The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit be with you.

*All* **And also with you.**

PRAYERS OF PENITENCE

*Deacon* Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbour as yourself. There is no commandment greater than these."

Let us confess to almighty God our sins against his love,  
and ask him to cleanse and restore us.

*Please SIT or KNEEL. Silence is kept.*

When we take our ease  
rather than watch with you:  
Lord, have mercy.

*All* **Lord, have mercy.**

When we bestow a kiss of peace  
yet nurse enmity in our hearts:  
Christ, have mercy.

*All* **Christ, have mercy.**

When we deny that we know you  
for fear of the world and its scorn:  
Lord, have mercy.

*All* **Lord, have mercy.**

*The president says*

THE ABSOLUTION

The Lord, who is faithful and just, forgive you your sins, create and make in you a clean heart, and renew a right spirit within you, through Jesus Christ our Saviour.

*All* **Amen.**

We sing

THE GLORIA

Mass of St Thomas David Thorne (b.1962)



*ff* Glo - ry to God, Glo - ry to God, Glo - ry to God in the High - est.



*f* Glo - ry to God in the High - est, and peace to his peo - ple on earth.



Lord God, Heav'n - ly King, al - migh - ty God and Fa - ther, we




wor - ship you, we give you thanks, we\_ praise you for your glo - ry.



*Glo - ry to God, Glo - ry to God in the High - est.*  
Glo - ry to God, Glo - ry to God, Glo - ry to God in the High - est.



*mf* Lord Je - sus Christ, on - ly son of the Fa - ther. Lord God,



Lamb of God, you take a - way the sin of the world; have mer - cy on us;



You are sea - ted at the right hand of the Fa - ther: re - ceive our prayer.



*f* *Glo - ry to God, Glo - ry to God in the High - est.*  
Glo - ry to God, Glo - ry to God, Glo - ry to God in the High - est.



For you a - lone are the Ho - ly one, You a - lone are the Lord,

You a-lone are the most high, Je-sus Christ, with the Ho-ly  
 Spi-rit, in the Glo-ry of God the Fa-ther.  
*Glo-ry to God, Glo-ry to God, Glo-ry to God in the High-est.*

## The Liturgy of the Word

### THE READINGS

*Exodus 12.1-4, 11-14*

The Lord said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbour in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it.

This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the Lord. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgements: I am the Lord. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the Lord; throughout your generations you shall observe it as a perpetual ordinance.

This is the word of the Lord.

*All* **Thanks be to God.**

Beloved: I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.'

For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.


This is the word of the Lord.

*All* Thanks be to God.

THE GOSPEL


We STAND to sing

*Org.* *All*




Praise to you, O Christ, King of e - ter - nal glo - ry.

*Choir*



I give you a new commandment, says the Lord: Love one another as I have loved you.

*All*



Praise to you, O Christ, King of e - ter - nal glo - ry.

*The deacon announces the Gospel*

Hear the Gospel of our Lord Jesus Christ according to John.



*John 13.1-17, 31b-35*

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'You do not know now what I am doing, but later you will understand.' Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you? You call me Teacher and Lord - and you are right, for that is what I am.

So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

'Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once.



‘Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, “Where I am going, you cannot come.” I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.’

*Deacon* This is the Gospel of the Lord.



Praise to you, O Christ, King of e-ter-nal glo-ry.

*The organist improvises on the theme of the Gospel as the procession returns.*

We **SIT** for

**THE SERMON**

Revd Canon Professor Ben Quash

‘This is My Body, Given For You’ – The Feet

*After the sermon silence is kept for reflection.*



Figure 1 Unknown artist, *Mary Magdalene Anointing Christ's Feet in the Vaux Passional* (Peniarth MS 482D), c.1503-4, National Library of Wales



Figure 2 Rogier van der Weyden, detail from *The Descent from the Cross*, c.1435, Oil on oak panel, 220cm × 262 cm, Museo del Prado, Madrid

## *The Maundy Washing and the Prayers*

*The president explains the meaning of the ceremony, and how it is to be performed. No one is compelled to participate, but all are most welcome.*

*During the Maundy Washing, the choir sings*

**MOTET**

Drop, drop, slow tears,  
and bathe those beauteous feet  
which brought from Heaven  
the news and Prince of Peace.

Cease not, wet eyes,  
his mercy to entreat;  
to cry for vengeance  
sin doth never cease.

In your deep floods  
drown all my faults and fears;  
nor let His eye  
see sin, but through my tears.

Words Phineas Fletcher (1582-1650)

Music Orlando Gibbons (1583-1625)

*After the Maundy Washing, silence is kept.*

*then we KNEEL or SIT for*

**THE INTERCESSIONS**

In the power of the Spirit let us pray to the Father  
through Christ the Saviour of the world.

Father, on this, the night he was betrayed,  
your Son Jesus Christ washed his disciples' feet.  
We commit ourselves to follow his example of love and service.

Lord, hear us

*All* **and humble us.**

On this night, he prayed for his disciples to be one.  
We pray for the unity of your Church.

Lord, hear us

*All* **and unite us.**

On this night, he prayed for those who were to believe through his disciples' message.

We pray for the mission of your Church.

Lord, hear us

*All* **and renew our zeal.**

On this night,

he commanded them to love, but suffered rejection.

We pray for the rejected and unloved.

Lord, hear us

*All* **and fill us with your love.**

On this night, he reminded them

that if the world hated them, it hated him first.

We pray for those who are persecuted for their faith.

Lord, hear us

*All* **and give us your peace.**

On this night, he accepted the cup of death

and looked forward to the new wine of the kingdom.

We remember those who have died in the peace of Christ.

Lord, hear us

*All* **and welcome all your children into paradise.**

*Then the president prays*

Almighty Father,

whose Son Jesus Christ has taught us

that what we do for the least of our brothers and sisters

we do also for him; give us the will to be the servant of others

as he was the servant of all,

who gave up his life and died for us,

but is alive and reigns

with you and the Holy Spirit,

one God, now and for ever.

*All* **Amen.**

*The president and deacon vest before introducing the Peace.*

# The Liturgy of the Sacrament

## THE PEACE

We **STAND** as the president introduces the peace.

Jesus says: 'Peace I leave with you; my peace I give to you.  
Do not let your hearts be troubled, neither let them be afraid.  
The peace of the Lord be always with you.

*All* **And also with you.**

*Deacon* Let us offer one another a sign of peace.

## OFFERTORY HYMN

Now, my tongue, the mystery telling  
of the glorious body sing,  
and the blood, all price excelling,  
which the Gentiles' Lord and King,  
in a Virgin's womb once dwelling,  
shed for this world's ransoming.

Given for us, and condescending  
to be born for us below,  
he, with us in converse blending,  
dwelt the seed of truth to sow,  
till he closed with wondrous ending  
his most patient life of woe.

That last night, at supper lying,  
'mid the Twelve, his chosen band,  
Jesus, with the law complying,  
keeps the feast its rites demand;  
then, more precious food supplying,  
gives himself with his own hand.

Word-made-flesh, true bread he maketh  
by his word his flesh to be,  
wine his blood; which whoso taketh  
must from carnal thoughts be free:  
faith alone, though sight forsaketh,  
shows true hearts the mystery.

Therefore we, before him bending,  
this great sacrament revere:  
types and shadows have their ending,  
for the newer rite is here;  
faith, our outward sense befriending,  
makes our inward vision clear.

Glory let us give and blessing  
to the Father and the Son,  
honour, might, and praise addressing,  
while eternal ages run;  
ever too his love confessing,  
who, from both, with both is One. Amen.

AMNS 252

Words Thomas Aquinas (1225-74), translated by Edward Caswell (1814-78)

Tune: PANGE LINGUA

*We remain standing.*

#### PREPARATION OF THE TABLE

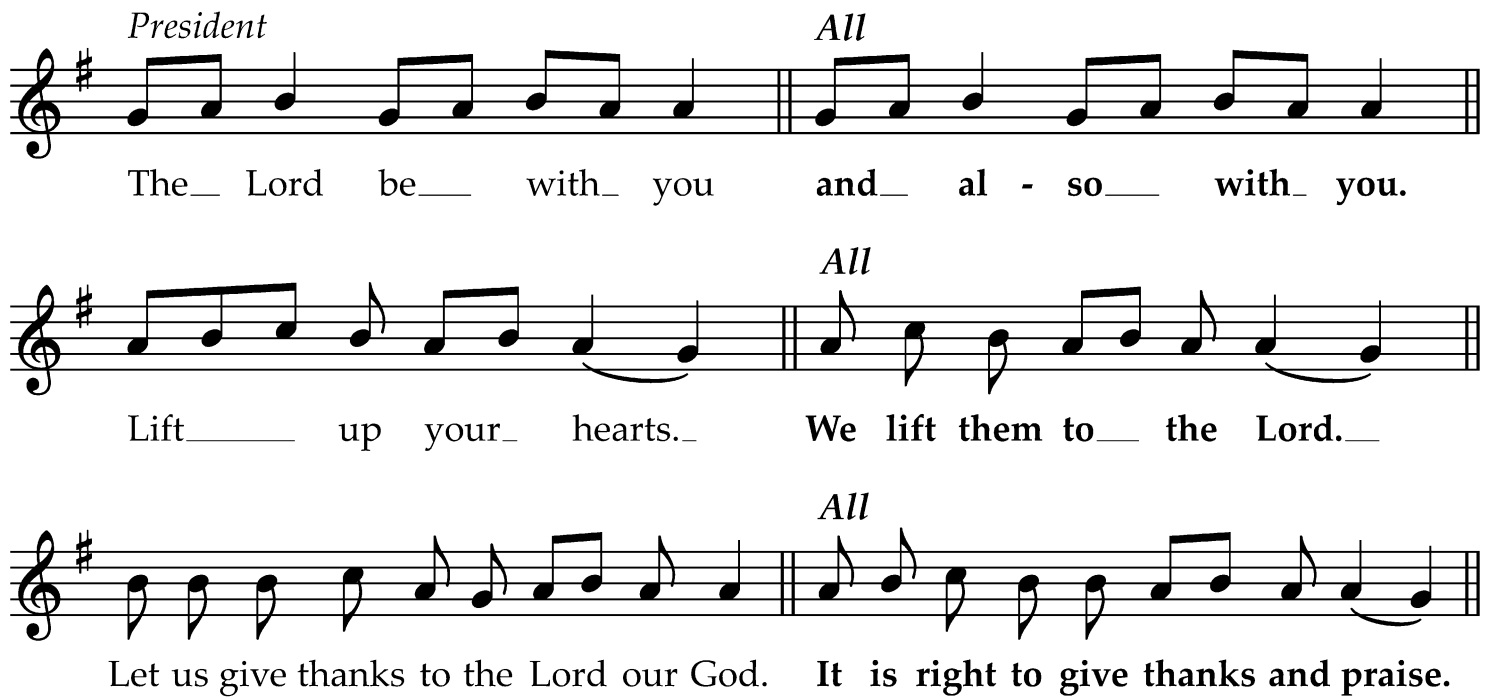
Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

*All* **Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

*All* **Blessed be God for ever.**

## THE EUCHARISTIC PRAYER



*President*  
The Lord be with you and also with you.

*All*  
Lift up your hearts. We lift them to the Lord.

*All*  
Let us give thanks to the Lord our God. It is right to give thanks and praise.

It is indeed right to give you thanks, Father most holy, through Jesus Christ our Lord. For on this night he girded himself with a towel and, taking the form of a servant, washed the feet of his disciples. He gave us a new commandment that we should love one another as he has loved us.

Knowing that his hour had come, in his great love he gave this supper to his disciples to be a memorial of his passion, that we might proclaim his death until he comes again, and feast with him in his kingdom.

Therefore, earth unites with heaven to sing a new song of praise; we too join with angels and archangels as they proclaim your glory without end:

*Choir* Holy, holy, holy, Lord God of host,  
heaven and earth are full of thy glory:  
Glory be to thee, O Lord most High. Amen.  
Blessed is he that cometh in the Name of the Lord:  
Hosanna in the highest.



Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, on this, the night when he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

*Deacon:* Jesus Christ is Lord:

Org. *All mf*

Lord, by your cross and re - sur - rec - tion you have set us

*mp*

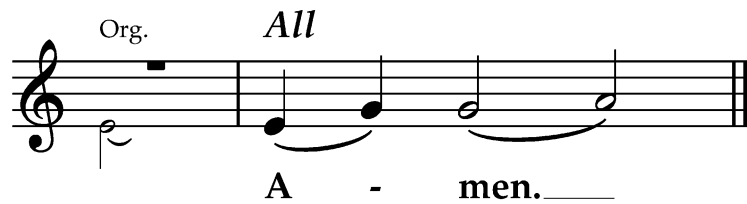
free. You are the Sa - viour of the world.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, Michael, and all the saints, may praise and glorify you for ever,

through Jesus Christ our Lord; by whom and with whom and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever,



## THE LORD'S PRAYER

*We SIT or KNEEL. The president says*

Trusting in the power of the cross,  
as our Saviour taught us, so we pray

**All Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done; on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*The president breaks the bread, and says*

Every time we eat this bread and drink this cup

**All we proclaim the Lord's death until he comes.**

## THE INVITATION TO COMMUNION

*The president gives directions about how to receive communion.*

*This is God's table and all are welcome. If you would prefer a blessing instead of the sacrament, please cross your arms in front of your chest when you come forward.*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

## THE GIVING OF COMMUNION

As the altar party receive communion, we all join in singing the

### AGNUS DEI

*All*



O Lamb of God, that tak - est a - way the sin of the world,  
have mer - cy up - on us. O Lamb of God, that tak - est a -  
-way the sin of the world, have mer - cy up - on us.  
O Lamb of God, that tak - est a - way the sin of the world,  
poco rit. - -  
grant us thy peace.

As communion is distributed, the choir sings the

### ANTHEM

Ave verum corpus, natum  
de Maria Virgine,  
Vere passum, immolatum  
in cruce pro homine.  
Cuius latus perforatum  
unda fluxit et sanguine  
Esto nobis praegustatum,  
in mortis examine.

*Jesu, Word of God Incarnate, of the Virgin  
Mary born,  
On the cross Thy sacred body for us men  
with nails was torn.  
Cleanse us, by the blood and water  
streaming from Thy pierced side;  
Feed us with Thy broken body. Now, and  
in death's agony.*

Wolfgang Amadeus Mozart (1756-91)

Everyone kneels or sits, and silence is kept.

*The president prays*

Lord Jesus Christ, we thank you that in this wonderful sacrament you have given us the memorial of your passion: grant us so to reverence the sacred mysteries of your body and blood that we may know within ourselves, and show forth in our lives, the fruit of your redemption, for you are alive and reign, now and for ever.

*All* **Amen**

*Together we pray*

*All* **Almighty God,  
we thank you for feeding us  
at the supper of your Son.  
Sustain us with your Spirit,  
that we may serve you here on earth,  
until our joy is complete in heaven  
and we share the eternal banquet  
with Jesus Christ our Lord. Amen.**

## *The Vigil and Stripping of the Sanctuary*

*We SIT. The president says:*

After supper, Jesus said to his disciples, 'If you loved me, you would be glad that I am going to the Father; for the Father is greater than I am. I shall not talk much longer with you, for the prince of this world approaches. He has no power over me; but the world must be shown that I love the Father and am doing what he commands. Come, let us go!'

When the disciples had sung a hymn, they went out to the Mount of Olives. Jesus prayed to the Father, 'If it is possible, let this cup pass me by, yet not what I want, but what you want.'

cf John 14. 28, 30-31; Matthew 26.30, 39

*The choir sings **UBI CARITAS** as the ministers and servers process with the Sacrament to St Andrew's Chapel, placing it on the altar repose and remain to pray. The congregation are welcome to join them in the Chapel. The lights are gradually extinguished.*

Ubi caritas et amor, Deus ibi est.  
 Congregavit nos in unum Christi amor.  
 Exsulemus, et in ipso jucundemur.  
 Timeamus, et amemus Deum vivum.  
 Et ex corde diligamus nos sincero.

*Where charity and love are, God is there.  
 Christ's love has gathered us into one.  
 Let us rejoice and be pleased in Him.  
 Let us fear, and let us love the living God.  
 And may we love each other with a sincere  
 heart.*

Ubi caritas et amor, Deus ibi est.

*Where charity and love are, God is there.*

Antiphon for Maundy Thursday  
 Music Maurice Duruflé (1902-86)

*At the end of the anthem, the choir moves to the back of the nave to sing **PSALM 88**, a Psalm of Lament. The servers strip the holy table of its ornaments and cloth.*

*The sacrament remains in St Andrews Chapel, reserved for the Good Friday liturgy.*

## PSALM 88

O LORD God of my salvation, I have cried day and night before thee : O let my prayer enter into thy presence, incline thine ear unto my calling.

<sup>2</sup> For my soul is full of trouble : and my life draweth nigh unto hell.

<sup>3</sup> I am counted as one of them that go down into the pit : and I have been even as a man that hath no strength.

<sup>4</sup> Free among the dead, like unto them that are wounded, and lie in the grave : who are out of remembrance, and are cut away from thy hand.

<sup>5</sup> Thou hast laid me in the lowest pit : in a place of darkness, and in the deep.

<sup>6</sup> Thine indignation lieth hard upon me : and thou hast vexed me with all thy storms.

<sup>7</sup> Thou hast put away mine acquaintance far from me : and made me to be abhorred of them.

<sup>8</sup> I am so fast in prison : that I cannot get forth.

<sup>9</sup> My sight faileth for very trouble : Lord, I have called daily upon thee, I have stretched forth my hands unto thee.

<sup>10</sup> Dost thou shew wonders among the dead : or shall the dead rise up again, and praise thee?

<sup>11</sup> Shall thy loving-kindness be shewed in the grave : or thy faithfulness in destruction?

- <sup>12</sup> Shall thy wondrous works be known in the dark : and thy righteousness in the land where all things are forgotten?
- <sup>13</sup> Unto thee have I cried, O Lord : and early shall my prayer come before thee.
- <sup>14</sup> Lord, why abhorrest thou my soul : and hidest thou thy face from me?
- <sup>15</sup> I am in misery, and like unto him that is at the point to die : even from my youth up thy terrors have I suffered with a troubled mind.
- <sup>16</sup> Thy wrathful displeasure goeth over me : and the fear of thee hath undone me.
- <sup>17</sup> They came round about me daily like water : and compassed me together on every side.
- <sup>18</sup> My lovers and friends hast thou put away from me : and hid mine acquaintance out of my sight.

*Domine Deus* William Prendergast (1868-1933)

*At the end of the Psalm, we **STAND**, and the final lights are extinguished. The ministers and people leave in **silence**, without ceremony or order.*

*The vigil will be kept in St Andrew's Chapel until 11pm.*

*All are welcome to attend any part of the vigil.*

# The Conclusion of the Vigil

*At the end of the vigil, everyone STANDS.*

*The minister says*

Pray that you may be spared the hour of testing:

*All* **the hour when darkness reigns.**

Father, take away this cup of suffering:

*All* **Your will be done, not mine.**

Do not bring us to the time of trial:

*All* **but deliver us from evil.**

The Lord be with you:

*All* **And also with you.**

Lord Jesus Christ,

as you accepted this cup of suffering as the Father's gift,  
so you hold out to us the cup of salvation.

You have overcome our hatred with your love,  
shaken our apathy by your passion  
and redeemed us from despair by your pain.

Give us such a thirst for what is right  
that it will not be quenched

until we share with all creation

the feast you have prepared through your death on the cross.

*All* **Amen.**

Let us go from this holy place,

where we have stayed to watch and pray:

*All* **Let us go in silence.**

**Let us go in peace.**

*Everyone leaves immediately, in **silence**, and without ceremony.*

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## COMING UP AT GREAT ST MARY'S

### **Friday 29 March, Good Friday**

9am Morning Prayer

11.30am Act of Witness in front of the Guildhall

12.00pm Silent Prayer

12.30pm Meditations – Revd Canon Professor Ben Quash

1.30pm The Liturgy of Good Friday - Revd Canon Professor Ben Quash

### **Saturday 30 March, Holy Saturday**

10am Easter Garden decorating in GSM

### **Sunday 31 March, Easter Sunday**

5.30am Dawn Vigil and First Eucharist of Easter

8am BCP Holy Communion

10am Choral Eucharist (all ages) – Revd Canon Professor Ben Quash

11.30am Choral Mattins

### **Wednesday 3 April**

12.30pm Holy Communion

1pm First Wednesday Lunch

### **Sunday 7 April Second Sunday of Easter**

8am BCP Holy Communion

10am Sung Eucharist

5pm Evening Prayer